

# DYNAMIC WOMEN

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# KATHY GALIA

Paradigm | President, Workers' Compensation Solutions
4890 W Kennedy Blvd., Ste. 650, Tampa, FL 33609
paradigmcorp.com | 609.602.0722 | @paradigmcorp

Kathy Galia leads Paradigm's Workers' Compensation Solutions with a leadership style she describes as authentic, direct and people-centered. She values honesty, accountability and transparency, and strives to create an environment where people feel supported, challenged and empowered.

Most meaningful to her is helping people reclaim their lives after catastrophic injuries. She sees recovery as far more than medicine, especially when patients are navigating a complex healthcare system while trying to heal. At Paradigm, she says, the work centers on putting people first and combining clinical excellence with compassionate support to restore independence, hope and possibility.

Galia encourages young women entering the workforce to stay curious and remain open to unexpected opportunities. She did not initially see the insurance industry as a place where her nursing background could make an impact, but the role broadened her perspective on healthcare and deepened her ability to help people recover from life-changing injuries. "Great careers are built by saying yes to challenges, leading with purpose and making a difference every day," she says.

Her outlook was shaped by growing up in South Jersey's Cape May County and attending Villanova University in the Philadelphia area. She credits her family's seasonal Jersey Shore business with teaching resilience, hard work and seizing opportunities. Philadelphia, she says, reinforced authenticity, directness, and commitment to meaningful relationships.

Her mother, Eileen Turner, remains her greatest inspiration. Galia remembers her as someone who brought people together and made them feel valued, welcomed and supported. The example she set continues to guide Galia both personally and professionally. She is also deeply grateful for the unwavering support of her husband, children and extended family whose encouragement has sustained her throughout her career.

Photography by: Phil Kramer